

How the Bamford Action Plan 2009 – 2011 has gone



This is our plan to make life better for people with a learning disability and people with mental health needs in Northern Ireland.



Department of
**Health, Social Services
and Public Safety**

www.dhsspsni.gov.uk

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Who we are

We are the government in Northern Ireland.

What this document is about



In 2002 we asked some people to find out what life was like in Northern Ireland for

- people with a learning disability
- people with mental health needs.

This was called the **Bamford Review**.



In 2009 we made a big plan about what should happen next.

The plan was called the **Bamford Action Plan**.

The plan talked about how to



- help everyone in Northern Ireland feel happy and well
- make life better for people with a learning disability and people with mental health needs.



This booklet tells you how the plan has gone.



We will make another plan soon about the work that needs to be done next.

How the Bamford Action Plan 2009 – 2011 has gone



This part tells you about some of the work

- already done
- still left to do.

1. Helping everyone in Northern Ireland feel happy and well

Some of the work already done



Work is going on to make the **Protect Life** plan happen. This is a plan to help stop people ending their own lives.



There is more support for children at school.

For example children can talk to people called counsellors if they have a problem.



There is more support to help people feel happy and well at work.

For example there is a new information guide to help make work a good place for everyone.



There are more chances for people with a learning disability to take part in the **Special Olympics**.

The Special Olympics helps people with a learning disability do sport.

There are new types of healthcare for adults with a learning disability.

For example there are

- health checks people can get every year
- new staff to help make sure people with a learning disability get the right care.





There is some new support for carers.

For example there is new information for carers on this website

<http://www.nidirect.gov.uk/index/information-and-services/caring-for-someone.htm>



All children who need help and their families can now have a meeting to talk about what support they need.



More people are getting **Direct Payments**.

This is when the money for people's support is paid straight to them so they can choose their support.



There are more short breaks for people with a learning disability and people with dementia and their families.

Some of the work left to do

Much of this work has already started.



There will be a new plan in 2012 about how to help everyone in Northern Ireland feel happy and well.



There will be a new plan in 2012 about helping children get a good start in life.



We will keep checking how good healthcare is for people with a learning disability.



We will work to make sure carers get better information and support.

2. Helping people live their own lives

Some of the work already done



New plans have been made to help make sure young people with a disability get

- good education and training
- the right support as they become an adult.



More people who need support can now live in their own homes and get good support to live there.

A project called **Health in Mind** is helping people with mental health needs take part in more things and learn new skills.



Not as many people with a learning disability and people with mental health needs are living in hospitals.

Some of the work left to do

Much of this work has already started.



There will be new plans to help people with a disability take part in life more like everyone else.

For example to use transport more easily and have more chances to work.



We are working to make travel easier for people with a learning disability.



This could be things like better travel information and more training for staff.



We will make sure there is better information for people about the support they can get.



We are working to get good advocacy for people.

Advocacy is when someone helps you speak up and say what is important to you.

We are making a document at the moment to help people know what good advocacy is.



We are working on a new law about mental capacity and mental health.

This is about making sure people who cannot make their own decisions are kept safe.

In 2012 we will agree what this new law should say and ask people what they think.

3. Better services for people



Some of the work already done

People who get support and their families can now have more of a say about their services.



We made a document to help people with mental health needs know what their services should be like.

It is called a **Service Framework**.

There will soon be a document like this for learning disability services.



There are more services for people with a learning disability and people with mental health needs in local areas.

This means people will be able to get more care in their local area instead of going into hospital.



There are more staff working in services in local areas.



We have made a plan for how to get more help called **therapy** for people with mental health needs.



There is more training for staff to help them know what people with a learning disability need.



There is better care for people leaving hospital who might hurt themselves or try to end their lives.

For example people leaving hospital who still need help will get more care within 7 days of leaving hospital.



There is a new place for young people to stay for a short time if they need help with their mental health.



We have made a new plan to help make life better for people with Dementia and their carers.

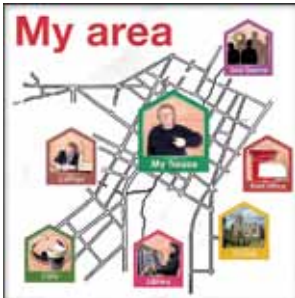


There is more help for people with a disability who want a job.

For example the **Disability Employment Service** can give people the right help to find a job.

Some of the work left to do

Much of this work has already started.



By 2013 there should be good information to show all mental health and learning disability services in Northern Ireland.

We are changing mental health services so that



- people can get the right help at the right time
- people who need help quickly get help at home without having to go to hospital.



Work is happening to make mental health services for children and young people better.



We are working to get better care for people who need special types of support.

For example

- people who have an illness to do with eating
- children with a learning disability who need support with their behaviour.



We are working to get better care for people with a disability called **autism**.

For example

- carers and people with autism can now have more of a say about their services
- there are now better ways to find out if someone has autism and what support they need.





Some of the things people who get services and their carers told us

People can see things are getting better but it will take some more time.



People said they need

- better information about support
- more courses to do at college and things to do in the day
- more information and support for carers
- more short breaks
- better help for people who need help quickly for mental health problems
- more Direct Payments.



There are some easy read reports that tell you more about what people said.

They are on this website

<http://www.patientclientcouncil.hscni.net/>

Easy words by Mencap

Most pictures by Photosymbols

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