# Analysis of Sickness Absence in the NI Departments 

 2003/2004
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## Executive Summary

## Overall

> During 2003/2004, an average of 15.5 days per staff year were lost as a result of sickness absence. This represented $6.9 \%$ of available working days.
> These findings are similar to the previous year, when 15.4 days per staff year ( $7.0 \%$ of available working days) were lost as a result of sickness absence.
> In direct paybill costs, sickness absence during 2003/2004 is estimated to have cost in the region of £26.1 million.
> The vast majority of the working days lost (77.1\%) were due to a relatively small proportion of staff (15.3\%).
> The largest proportion of the working days lost were due to Psychiatric/Psychological illnesses (26.4\%), which lasted for 35.1 working days (approximately 7 weeks) on average.
> Approximately four-fifths (80.4\%) of the total working days lost were covered by a medical certificate.

## Key Variations

> Departmental absence rates ranged from 11.7 days per staff year (5.2\%) in DE, to 19.7 days per staff year (8.8\%) in DSD. Differences in absence rates across Departments were influenced in large measure by differences in their grade and gender profiles.
> The absence rate was highest among staff analogous to Administrative Officer level, who lost 21.9 days per staff year. This was equivalent to approximately one in ten (9.8\%) of their available working days.
> The absence rate among females (19.9 days per staff year) was considerably higher than that of males ( 11.0 days per staff year).

## Long-term Absence

> Some $64.6 \%$ of the total working days lost during 2003/2004 were attributable to long-term absences, with a total of 3,475 staff ( $12.3 \%$ ) having at least one spell of long-term absence during the year.

# Chapter 1 <br> Working Days Lost Through Sickness Alsence 

## 1. Working Days Lost Through Sickness Absence

### 1.1 Introduction

This report presents a comprehensive analysis of sickness absence statistics for non-industrial staff (including casuals) in the NI Departments during the 2003/2004 financial year. It also contains an analysis of trends to help Departments and Agencies assess the effectiveness of their efforts to reduce absenteeism.

When reporting sickness absence statistics it is common to express absence rates in terms of the percentage of available working days lost and the number of days lost per person. However, it is recognised that the latter of these measures does not always permit valid comparisons to be made between or within organisations which differ in their proportions of part-time staff and/or their levels of staff turnover. In particular, 'number of days lost per person' can give a quite misleading picture for organizations with high proportions of part-time staff.

To address this issue the Cabinet Office recommend that absence figures are expressed in terms of days lost per staff year, where a staff year equals the number of days a full-time employee is contracted to work (i.e. weekends, statutory holidays and annual leave are excluded). In keeping with this recommendation, absence rates are expressed throughout the report in terms of the percentage of available working days lost and working days lost per staff year. For the majority of people, a staff year amounted to 225 working days during 2003/2004, but clearly this depends on date of entry and/or date of leaving, and annual leave entitlement which varies by grade, length of service, and work pattern. For each individual a 'staff year' was therefore calculated taking all of these factors into account. Definitions of the various absence measurements used throughout the report can be found in Appendix 1.

[^0]
## Figure 1

Proportion of Working Days Lost by Certification


Figure 2
Distribution of Working Days Lost


### 1.2 Overall Absence Levels

Across the eleven NI Departments, an average of 15.5 days were lost among non-industrial staff as a result of sickness absence during the 2003/2004 financial year. This represents $6.9 \%$ of available working days and, in paybill terms, is estimated to have cost in the region of $£ 26.1$ million. The level of absence is similar to that recorded for the previous financial year, namely 15.4 days per staff year (7.0\% of available working days).

When Pregnancy Related/Postnatal absences were removed from the calculations the level of absence during 2003/2004 decreased to 14.1 days per staff year ( $6.3 \%$ of available working days lost).

Figure 1 shows that approximately four fifths (80.4\%) of the working days lost were covered by a medical certificate, giving rise to a certified absence rate of 12.4 days per staff year (5.6\% of available working days). Shorter term absences covered by self-certification accounted for just under one fifth (19.6\%) of the working days that were lost, resulting in a self-certified absence rate of 3.0 days per staff year (1.4\% of available working days).

### 1.3 Distribution of Working Days Lost

During 2003/2004, $65.5 \%$ of staff were absent on at least one occasion, a lower proportion than the previous financial year (67.2\%).

Analysing the cumulative number of working days lost revealed that $15.3 \%$ of staff lost more than 20 working days over the course of the year, accounting for $77.1 \%$ of the total working days lost.

Clearly for some staff, the above analysis relates to the working days lost over more than one spell of absence. A detailed analysis of long-term absences (i.e. those individual spells of absence which lasted for more than 20 working days) is presented in Chapter 5. Absences of this type accounted for $64.6 \%$ of the working days lost.

### 1.4 Department

Figure 3
Departmental Absence Levels


Note:

1. Staff from the Parliamentary Commissioner for Complaints and the Planning Appeals Commission are included in the DFP figure.
2. Staff from HSENI and OFREG are included in the DETI figure.

### 1.5 Grade Level

The level of absence was highest among staff analogous to Administrative Officer (21.9 days), and decreased at each successive grade level to reach a low of 2.6 days at Grade 5 and above.

Figure 4

Absence Levels by Grade


## Figure 5

## Absence Levels by Gender



Figure 6
Absence Levels by Age Group


Figure 7

## Absence Levels by Length of Service



### 1.6 Gender

Females had a significantly higher of absence than that of males during 2003/2004 (19.9 days versus 11.0 days).

When Pregnancy Related/Postnatal absences were removed from the calculations the level of absence among females, while reducing to 17.3 days, remained markedly higher than that of males.

### 1.7 Age Group

The absence level of staff in the various age groups ranged from a low of 14.2 days among those aged $16-24$, to a high of 16.3 days among those aged 35-44.

The self-certified absence rate, which generally decreased with age, was highest among those aged 16-24 (4.5 days). Certified absence levels, ranged from a low of 9.7 days among staff in the youngest age category, to a high of 13.5 days among those aged 35-44.

### 1.8 Length of Service

Staff who were still in their probation period (i.e. first year's service) had the lowest level of absence. Up to about three year's service there is a stepped increase in the level of absence for each additional year of service.

## Chapter 2 <br> Spells of Sickness Absence

## 2. Spells of Sickness Absence

### 2.1 Introduction

This chapter considers the number of recorded spells of sickness absence. Supporting information which shows the average duration of both self-certified and certified absence spells can be found in Tables 5 to 7 of Appendix 2.

### 2.2 Number of Absence Spells

Figure 8
 of 1.2 spells of sickness absence, a lower figure than that found in the previous financial year ( 1.7 spells per staff year).

### 2.3 Duration of Absence Spells

As shown in Figure 9, the vast majority (76.1\%) of absence spells were short-term in nature, lasting for five working days or less. These absences accounted for just under one fifth (19.7\%) of the total working days lost (Figure 10). Approximately one tenth (10.5\%) of all spells of absence were long-term in nature (i.e. those lasting for more than 20 working days). These absence spells accounted for $64.6 \%$ of the total working days lost, a slightly higher figure than that found in the previous financial year (64.0\%).


Figure 10


## Figure 11

Proportion of Absence Spells by Certification

Certified
26.9\%
73.1\%

Self-Certified

## Figure 12

Absence Spells by Grade Level


## Figure 13

## Absence Spells by Gender



### 2.4 Self-Certified/Certified Spells ${ }^{1}$

Just under three quarters (73.1\%) of all spells of sickness absence were self-certified, a smaller proportion than that found in the previous financial year (75.1\%). The remaining absence spells (26.9\%) were covered by a medical certificate. On average, self-certified absences lasted 2.6 working days whereas certified absences lasted just under 30 working days.

### 2.5 Grade Level

As shown in Figure 12, the average number of absence spells decreased with each successive grade up to Grade 5 level and above. Staff at AA and AO levels were absent most frequently, with an average of 2.2 and 2.0 spells of sickness absence respectively. On average, both self-certified and certified absences among AOs lasted longer than those among AAs, which goes some way to explaining the noticeable difference in their overall absence rates (AOs lost 9.8\% of their available working days whereas AAs lost 7.0\%).

The duration of self-certified absences ranged from 2.1 working days at Grade 6 level to 2.9 working days at EOII level. The average duration of certified absences however, ranged from a low of just under 19 working days at Grade 5 level and above, to a high of almost 34 working days at Grade 6 level (See Table 5 in Appendix 2).

### 2.6 Gender

Females (1.9) had a higher average number of absence spells than males (1.3). The exclusion of Pregnancy Related/Postnatal absences (which involved 5.7\% [837] of the females included in the analysis and were typically long-term in nature) had little effect on the average number of spells per staff year among females.

[^1]
### 2.7 Age Group

The average number of sickness absence spells decreased with age, with staff in the 16-24 age group being absent most frequently ( 2.2 spells). However, as already highlighted in Figure 6 of Chapter 1, staff in this group had the lowest overall absence rate, losing 14.2 days per staff year on average (6.3\% of their available working days).


## Chapter 3 Reasons for Sickness Alisence

## 3. Reasons for Sickness Absence

Figure 15
Overall Reasons for Absence


Note:
The quality of the information presented on reasons for absence falls short of the required standard. We have particular concerns about the coding of absence into the category 'Medical Tests \& Observation'. NISRA is currently working with Departments to increase the robustness of absence coding.

## Table 1

Average Duration of Absences by Reason

| Reason for Absence | Average Duration <br> (Working Days) |
| :--- | :---: |
| Psychiatric/Psychological | 35.1 |
| Pregnancy Related/Postnatal | 25.3 |
| Blood \& Cardiovascular | 21.5 |
| Injury/Accident/Assault | 14.0 |
| Musculoskeletal | 14.0 |
| Non-specific/Other | 10.7 |
| Medical Tests \& Observation | 10.0 |
| Respiratory | 6.5 |
| Nervous System, Eyes, Ears | 5.2 |
| Digestive, Endocrine, Renal | 4.3 |
| Viral/Bacterial Infections | 3.9 |

### 3.1 Overall

Psychiatric/Psychological illnesses accounted for more than one quarter (26.4\%) of the working days lost, a slightly higher proportion than the previous financial year (26.1\%). Absences in this category tended to be long-term, lasting on average 35.1 days.

Over three tenths (31.5\%) of absence spells were due to Viral/Bacterial Infections (mainly colds and flu). While the majority of these spells were short-term in nature, on a cumulative basis they accounted for the third largest proportion of the working days that were lost throughout the year (12.4\%). A further 13.6\% of the working days lost were associated with Medical Tests \& Observation, which are also typically short-term in nature. Absences in this category accounted for the third largest proportion of absence spells (13.4\%).

Pregnancy Related/Postnatal illnesses accounted for $3.5 \%$ of absence spells and $9.1 \%$ of the working days lost. This was a decrease from the previous financial year when $10.4 \%$ of the working days lost were on these grounds.

An analysis of the reasons for certified and self-certified absences is presented in Appendix 2.

Table 1 provides information on the average duration of absence spells by illness category. It shows that the average duration varied from just under 4 working days for absences due to Viral/Bacterial Infections, to 35.1 working days ( 7.0 weeks) for absences resulting from Psychiatric/Psychological illnesses.

While the proportion of the total working days lost due to Psychiatric/Psychological illnesses (26.4\%) has increased from $26.1 \%$ in 2002/2003, the average duration has decreased from 36.4 working days to 35.1 working days.

## Table 2

## Reasons for Absence by Grade Level

|  | \% of Working Days Lost |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reason for Absence | G5+ | G6 | G7 | DP | SO | EOI | EOII | AO | AA |
| Non-specific/Other | 6.8 | 14.6 | 11.8 | 9.0 | 8.3 | 9.6 | 8.0 | 8.4 | 8.5 |
| Medical Tests \& Observation | 18.4 | 23.0 | 20.3 | 15.4 | 13.8 | 15.7 | 11.0 | 12.8 | 16.2 |
| Injury/Accident/Assault | 7.1 | 9.5 | 10.3 | 8.2 | 10.4 | 9.3 | 8.1 | 8.9 | 7.8 |
| Viral/Bacterial Infections | 24.5 | 8.5 | 14.5 | 14.0 | 14.7 | 12.4 | 11.6 | 11.1 | 15.6 |
| Psychiatric/Psychological | 30.2 | 25.1 | 23.5 | 24.0 | 25.8 | 26.1 | 29.4 | 27.0 | 21.6 |
| Pregnancy Related/Postnatal | 0.0 | 0.0 | 4.7 | 6.3 | 5.7 | 4.4 | 12.3 | 10.4 | 8.4 |
| Nervous System, Eyes, Ears | 1.3 | 1.1 | 2.9 | 1.8 | 2.3 | 2.0 | 2.3 | 2.7 | 2.1 |
| Digestive, Endocrine, Renal | 6.0 | 11.5 | 3.3 | 5.0 | 4.6 | 6.5 | 6.4 | 6.8 | 8.5 |
| Respiratory | 2.0 | 0.8 | 3.5 | 5.5 | 3.5 | 3.1 | 2.7 | 3.3 | 3.2 |
| Blood \& Cardiovascular | 3.7 | 5.1 | 3.7 | 7.2 | 5.7 | 4.9 | 2.5 | 2.3 | 3.3 |
| Musculoskeletal | 0.0 | 0.7 | 1.5 | 3.6 | 5.0 | 6.2 | 5.7 | 6.3 | 4.8 |
| Total | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |

## Table 3

## Reasons for Absence by Gender

|  | \% of Working Days Lost |  |
| :--- | :---: | :---: |
| Reason for Absence | Male | Female |
| Non-specific/Other | 8.4 | 8.7 |
| Medical Tests \& Observation | 15.6 | 12.5 |
| Injury/Accident/Assault | 9.8 | 8.1 |
| Viral/Bacterial Infections | 15.7 | 10.7 |
| Psychiatric/Psychological | 28.1 | 25.4 |
| Pregnancy Related/Postnatal | $\mathrm{n} / \mathrm{a}$ | 14.1 |
| Nervous System, Eyes, Ears | 2.5 | 2.3 |
| Digestive, Endocrine, Renal | 7.1 | 6.4 |
| Respiratory | 3.6 | 3.1 |
| Blood \& Cardiovascular | 4.5 | 2.6 |
| Musculoskeletal | 4.7 | 6.1 |
| Total | $\mathbf{1 0 0}$ | $\mathbf{1 0 0}$ |

### 3.2 Grade Level

Table 2 shows, for each grade level, the percentage of the total working days lost attributable to each reason for absence. Shading has been used in the table to highlight the illness category which accounted for the largest proportion of the working days lost at each grade level.

Psychiatric/Psychological illnesses accounted for the largest proportion of the working days lost among staff at all grade levels.

In six out of the nine grade level categories, the proportion of working days lost due to Psychiatric/Psychological illnesses was lower than in the previous financial year. In particular the percentage of days lost by staff at Grade 5 level and above because of Psychiatric/Psychological illnesses decreased from $59.6 \%$ to $30.2 \%$. However in three out of the four most junior grade categories (AA, EOII, EOI), the proportion has increased.

### 3.3 Gender

Psychiatric/Psychological illnesses accounted for the largest proportion (28.1\%) of the total working days lost among males. Viral/Bacterial Infections accounted for a further 15.7\%, and Medical Tests \& Observation for 15.6\%.

Among females, Psychiatric/Psychological illnesses accounted for approximately one quarter ( $25.4 \%$ ) of the total working days lost. Pregnancy Related/Postnatal illnesses accounted for the second largest proportion of the working days lost among females (14.1\%), and Medical Tests \& Observation the third (12.5\%).

### 3.4 Age Group

As with the previous financial year,
Psychiatric/Psychological illnesses accounted for the largest proportion of working days lost among staff in all age groups during 2003/2004.

In the youngest age group (i.e. 16-24), Viral/Bacterial Infections were almost as common, accounting for $18.9 \%$ of the working days lost.

Table 4
Reasons for Absence by Age Group

|  | \% of Working Days Lost |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Reason for Absence | $\mathbf{1 6 - 2 4}$ | $\mathbf{2 5 - 3 4}$ | $\mathbf{3 5 - 4 4}$ | $\mathbf{4 5 - 5 4}$ | $\mathbf{5 5 +}$ |
| Non-specific/Other | 8.6 | 7.0 | 8.6 | 9.8 | 11.5 |
| Medical Tests \& Observation | 12.6 | 11.2 | 13.7 | 16.3 | 15.3 |
| Injury/Accident/Assault | 9.8 | 6.5 | 9.1 | 9.0 | 11.7 |
| Viral/Bacterial Infections | 18.9 | 12.8 | 11.7 | 9.8 | 10.6 |
| Psychiatric/Psychological | 20.7 | 25.4 | 27.1 | 31.6 | 21.7 |
| Pregnancy Related/Postnatal | 9.4 | 18.4 | 9.0 | 0.9 | 0.0 |
| Nervous System, Eyes, Ears | 2.3 | 1.8 | 2.5 | 2.5 | 3.2 |
| Digestive, Endocrine, Renal | 9.8 | 8.1 | 5.7 | 5.3 | 4.6 |
| Respiratory | 3.7 | 2.9 | 3.0 | 3.1 | 5.3 |
| Blood \& Cardiovascular | 1.2 | 1.2 | 2.6 | 5.4 | 10.6 |
| Musculoskeletal | 2.8 | 4.7 | 7.1 | 6.3 | 5.4 |
| Total | $\mathbf{1 0 0}$ | $\mathbf{1 0 0}$ | $\mathbf{1 0 0}$ | $\mathbf{1 0 0}$ | $\mathbf{1 0 0}$ |

## Chapter 4 <br> Onset of Sickness Alssence

## 4. Onset of Sickness Absence

This chapter examines seasonal effects in the onset of sickness absence during the financial year 2003/2004.

### 4.1 Analysis by Month during 2003/2004

There was substantial seasonal variation in the onset of both certified and self-certified absences. For both categories, the onset of absences was highest in the months of September, October, November and January. However, the level of seasonal variation was greater for self-certified than for medically certified spells of absence. For example, the onset of self-certified absence for the months October, November and January were more than one and a half times that recorded for July and August.

Figure 17 shows the variation in the onset of absence due to Psychiatric/Psychological illnesses. As was found in previous years, the onset of Psychiatric/Psychological illnesses tended to peak in the autumn and decline to a relatively low level in December before rising once again.

Figure 16
Onset of Absence by Month during 2003/2004


Onset of Psychiatric/Psychological Absence by Month during 2003/2004


### 4.2 Analysis by Weekday during 2003/2004

As in the previous years, Monday was the most common day for the onset of absence with over one third of all certified and self-certified absences commencing.

Friday was the least likely day during the normal working week for both certified (11.1\%) and self-certified (10.5\%) absences to begin.

Onset of Absence by Weekday during 2003/2004


### 4.3 Number of Staff Absent during 2003/2004

The daily variations in the number of staff absent throughout the year is shown in Figure 19. The number of staff who were absent ranged from a low of 1,281 on Wednesday 16th July 2003 (immediately following the 14th and 15th of July statutory holidays) to a high of 1,918 on Wednesday 5th November 2003.

As with the previous years, the fluctuation in the total number of absentees throughout the year on a daily basis in the main, is attributable to variation in the number of self-certified absences. The number of certified absences was relatively more consistent, averaging 1,278 on a daily basis.

The number of staff absent during the period just before and after the Christmas holidays was noticeably low. The same trend has been visible in the previous three financial years. This trend may be explained due to the large numbers of staff taking annual leave over the Christmas period.

## Figure 19

Number of Staff Absent on Each Day during 2003/2004


[^2]
## Chapter 5 Long-term Sickness Absence

## 5. Long-term Sickness Absence

This chapter considers absence through long-term sickness. A long-term absence is defined as any spell of absence lasting more than 20 working days.

### 5.1 Prevalence of Long-term Absence

A total of 3,475 staff (12.3\%) in the NI Departments had one or more spells of long-term absence during the 2003/2004 financial year, resulting in a loss of almost 241,000 available working days. This was a slight increase over the previous financial year (12.2\% of staff and 228,000 available working days lost). As already highlighted in Chapter 2, long-term absences accounted for $64.6 \%$ of the total working days lost throughout the year. The cost to the paybill of these long-term absences is estimated to be in the region of $£ 16.1 \mathrm{~m}$ and was equivalent to losing the work of approximately 1,070 full-time staff for the entire year.

### 5.2 Reason for Absence

Psychiatric/Psychological illnesses accounted for over one third (35.3\%) of the total working days lost during 2003/2004 as a result of long-term absences. Medical Tests \& Observation accounted for a further 13.4\% and Pregnancy Related/Postnatal for 12.2\%.

Figure 20
Analysis of the Number of Long-term Absence Spells


| Number of <br> Long-term <br> Absences | Number of <br> Staff | Percentage of <br> Staff |
| :---: | :---: | :---: |
| 0 | 24,722 | 87.7 |
| 1 | 3,051 | 10.8 |
| 2 | 360 | 1.3 |
| $3+$ | 64 | 0.2 |
| Total | $\mathbf{2 8 , 1 9 7}$ | $\mathbf{1 0 0}$ |



## Figure 22

Long-term Spells by Grade Level


Figure 23
Long-term Spells by Gender


### 5.3 Grade Level

As with the previous 3 years, the incidence of long-term absence was highest at the AO grade, where $18.1 \%$ of staff had one or more spells of long-term absence during the year (Figure 22). However, from AO level the incidence of long-term absence generally decreased with grade, having its lowest incidence at Grade 5 level and above.

### 5.4 Gender

A higher proportion of females (16.3\%) than males (8.0\%) had one or more spells of long-term absence. When all long-term Pregnancy Related/Postnatal absences were excluded from the calculations, the proportion of females who had one or more spells of long-term absence (13.5\%) remained substantially higher than that of males (Figure 23).

### 5.5 Age Group

Figure 24
Long-term Absence Spells by Age Group
The incidence of long-term absence was lowest in the 16-24 age group, with $8.5 \%$ of staff having one or more spells of long-term absence during 2003/2004 (Figure 24). Staff in the 35-44 age group were most likely to be absent on a long-term basis, with $14.0 \%$ having one or more spells of long-term absence. Over 67\% of the total working days lost among staff in this age category were attributable to these long-term absences.

Long-term absences accounted for $70.4 \%$ of the working days lost for those aged 55 and over. Approximately one in nine staff in this age group had one or more spells of long-term absence during the year, lasting 13.5 weeks on average (See Table 3 of Appendix 4).


## Chapter 6 <br> Year on Year Comparisons

## 6. Year on Year Comparisons - Days Lost per Staff Year

Over the four financial years, covering the period April 2000 to March 2004, the overall absence rate in the eleven NI Departments has remained relatively constant (15.1; 15.1; 15.4; 15.5 days lost per staff year). This chapter looks at the variation in the absence rates across departments, grades, genders and age groups over the four year period.

### 6.1 Departmental Absence Rates

The Departmental chart (Figure 25) gives no obvious indication of trends, either positive or negative, in the amount of days lost on an annual basis. The average days lost decreased in 6 and increased in 5 of the 11 NI Departments during 2003/04 compared with the previous financial year. The only departments showing an uninterrupted trend in levels of absence from 2000/2001 to 2003/2004 were DFP (12.8 to 14.3) and OFMDFM ( 9.7 to 12.6) where average days lost increased and DE (15.7 to 11.7) where average days lost decreased over this period .

Figure 25
Average Number of Days Lost Per Staff Year by Department 2000/2001-2003/2004


### 6.2 Absence Rates by Grade Level

Compared with the previous financial year, four of the nine grade levels showed an increase in the average number of days lost during 2003/2004. Compared with three years ago, the position in 2003/2004 was worse in six of the nine grades.

Figure 26
Average Number of Days Lost Per Staff Year by Grade Level 2000/2001-2003/2004


### 6.3 Absence Rates by Gender

While the absence rate among females has remained approximately twice that of males, it has shown a small but progressive decrease over the four year period. This has been offset by a progressive increase in the number of days lost by males.

Figure 27
Average Number of Days Lost Per Staff Year by Gender 2000/2001-2003/2004


### 6.4 Absence Rates by Age Group

While the absence rate among the four older age groups has remained relatively constant over the four year period, the rate for staff aged 16 to 24 , has increased steadily from 10.9 days per staff year to 14.2 days per staff year (an increase of 3.3 days lost per staff year in this age group).

Figure 28
Average Number of Days Lost Per Staff Year by Age Group 2000/2001-2003/2004


## APPENDIK1 <br> Definitions

## Appendix 1

## Definitions

Absence levels are presented in a number of ways throughout the report and are defined as follows:-

\% of Available Working Days Lost =<br>Number of Working Days Lost $\quad \times 100$<br>Number of Available Working Days

## Working Days Lost per Staff Year = Number of Working Days Lost Number of Staff Years

## Spells per Staff Year

The "Working days lost per staff year" approach was recommended by the Cabinet Office in the review "Managing Attendance in the Public Sector (1999)". This approach replaced 'working days lost per person' which can misrepresent the absence rate in organisations which have a high proportion of part-time staff and/or high levels of staff turnover. The following simple example highlights the rationale for the methodology used by the cabinet office.

## Example

There are 2 members of staff $\mathbf{A}$ and $\mathbf{B}$.
A. Worked Full-time all year (hence 1 staff year), and
B. Worked Full-time for $1 / 2$ year (hence $1 / 2$ staff year)

If $\mathbf{A}$ was absent for 20 working days and $\mathbf{B}$ was absent for 10 working days, then the number of working days lost per staff year are calculated as follows:

Total Number of working days lost $=30$
Total Number of Staff Years $=1+0.5=1.5$
Working days lost per staff year $=\frac{30}{1.5}=\mathbf{2 0}$
According to the other approach, the number of days lost per person would be:
Total Number of working days lost $=30$
Total Number of People $=2$
Working days lost per person $=\underline{30}=15$
which overlooks the fact that one of the staff was only employed for six months.

## Appendix 2

Tables relating to Chapter 1

Table 1

| Department | \% of Available Working Days Lost |  |  |
| :--- | :---: | :---: | :---: |
|  | Self-Certified | Certified | Total |
| DSD | 1.5 | 7.3 | 8.8 |
| DEL | 1.6 | 6.4 | 8.0 |
| DCAL | 2.0 | 4.8 | 6.8 |
| DFP | 1.3 | 5.2 | 6.4 |
| DOE | 1.5 | 4.5 | 6.0 |
| OFMDFM | 1.3 | 4.3 | 5.7 |
| DARD | 1.2 | 4.4 | 5.5 |
| DHSSPS | 1.3 | 4.2 | 5.5 |
| DRD | 1.1 | 4.3 | 5.4 |
| DETI | 1.6 | 3.7 | 5.3 |
| DE | 1.2 | 4.0 | 5.2 |
| Overall | $\mathbf{1 . 4}$ | $\mathbf{5 . 6}$ | $\mathbf{6 . 9}$ |

Table 2

| Grade Level | \% of Available Working Days Lost |  |  |
| :--- | :---: | :---: | :---: |
|  | Self-Certified | Certified | Total |
| G6 | 0.4 | 0.8 | 1.2 |
| G7 | 0.4 | 2.4 | 2.8 |
| DP | 0.6 | 2.4 | 3.0 |
| SO | 0.8 | 2.8 | 3.6 |
| EOI | 1.0 | 3.7 | 4.7 |
| EOII | 1.2 | 4.3 | 5.5 |
| AO | 1.3 | 6.4 | 7.7 |
| AA | 1.7 | 8.1 | 9.8 |
| Overall | 1.8 | 5.2 | 7.0 |

Table 3

|  | \% of Available Working Days Lost |  |  |
| :--- | :---: | :---: | :---: |
| Gender | Self-Certified | Certified | Total |
| Male | 1.2 | 3.7 | 4.9 |
| Female | 1.5 | 7.4 | 8.9 |
| Overall | 1.4 | $\mathbf{5 . 6}$ | $\mathbf{6 . 9}$ |

## Appendix 2

Tables relating to Chapter 1
Table 4

| Age Group | \% of Available Working Days Lost |  |  |
| :--- | :---: | :---: | :---: |
|  | Self-Certified | Certified | Total |
| $16-24$ | 2.0 | 4.3 | 6.3 |
| $25-34$ | 1.5 | 5.6 | 7.2 |
| $35-44$ | 1.2 | 6.1 | 7.3 |
| $45-54$ | 1.0 | 5.5 | 6.5 |
| $55+$ | 1.0 | 5.8 | 6.9 |
| Overall | $\mathbf{1 . 4}$ | $\mathbf{5 . 6}$ | $\mathbf{6 . 9}$ |

## Appendix 2

## Tables relating to Chapter 2

Table 5

|  | Self-Certified Absences |  | Certified Absences |  | Total |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No. of Spells <br> per Staff Year | Average <br> Duration <br> (Working Days) | No. of Spells <br> per Staff Year | Average <br> Duration <br> (Working Days) | No. of Spells <br> per Staff Year | Average <br> (Woration <br> (Working Days) |
| G5+ | 0.3 | 2.4 | 0.1 | 18.8 | 0.4 | 6.0 |
| G6 | 0.4 | 2.1 | 0.2 | 33.8 | 0.6 | 10.6 |
| G7 | 0.6 | 2.2 | 0.2 | 30.4 | 0.8 | 8.3 |
| DP | 0.8 | 2.4 | 0.2 | 26.1 | 1.0 | 8.0 |
| SO | 0.9 | 2.5 | 0.3 | 30.4 | 1.2 | 8.8 |
| EOI | 0.9 | 2.8 | 0.3 | 27.9 | 1.3 | 9.5 |
| EOII | 1.0 | 2.9 | 0.4 | 32.2 | 1.5 | 11.6 |
| AO | 1.4 | 2.7 | 0.6 | 29.8 | 2.0 | 11.0 |
| AA | 1.7 | 2.4 | 0.4 | 26.4 | 2.2 | 7.4 |
| Overall | $\mathbf{1 . 1}$ | $\mathbf{2 . 6}$ | $\mathbf{0 . 4}$ | $\mathbf{2 9 . 4}$ | $\mathbf{1 . 6}$ | $\mathbf{9 . 8}$ |

Table 6

| Gender | Self-Certified Absences |  | Certified Absences |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No. of Spells per Staff Year | Average Duration (Working Days) | No. of Spells per Staff Year | Average Duration (Working Days) | No. of Spells per Staff Year | Average Duration (Working Days) |
| Male | 1.0 | 2.7 | 0.3 | 28.3 | 1.3 | 8.5 |
| Female | 1.3 | 2.6 | 0.6 | 30.0 | 1.9 | 10.7 |
| Overall | 1.1 | 2.6 | 0.4 | 29.4 | 1.6 | 9.8 |

Table 7

|  | Self-Certified Absences |  | Certified Absences |  | Total |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Average <br> No. of Spells <br> per Staff Year |  | Average <br> (Working Days) | No. of Spells <br> per Staff Year | Duration <br> (Working Days) | No. of Spells <br> per Staff Year | Average <br> Duration <br> (Working Days) |
| $16-24$ | 1.8 | 2.5 | 0.4 | 23.4 | 2.2 | 6.3 |  |
| $25-34$ | 1.3 | 2.7 | 0.4 | 28.4 | 1.7 | 9.3 |  |
| $35-44$ | 1.0 | 2.7 | 0.4 | 30.6 | 1.5 | 11.0 |  |
| $45-54$ | 0.8 | 2.8 | 0.4 | 31.5 | 1.2 | 11.9 |  |
| $55+$ | 0.8 | 2.7 | 0.4 | 32.7 | 1.2 | 12.2 |  |
| Overall | $\mathbf{1 . 1}$ | $\mathbf{2 . 6}$ | $\mathbf{0 . 4}$ | $\mathbf{2 9 . 4}$ | $\mathbf{1 . 6}$ | $\mathbf{9 . 8}$ |  |

## Table relating to Chapter 3

Table 8

|  | \% of Available Working Days Lost |  |  |
| :--- | :---: | :---: | :---: |
| Reason | Self-Certified | Certified | Total |
| Non-specific/Other | 0.1 | 0.5 | 0.6 |
| Medical Tests \& Observation | 0.2 | 0.8 | 0.9 |
| Injury/Accident/Assault | 0.1 | 0.5 | 0.6 |
| Viral/Bacterial Infections | 0.5 | 0.3 | 0.9 |
| Psychiatric/Psychological | 0.0 | 1.8 | 1.8 |
| Pregnancy | 0.0 | 0.6 | 0.6 |
| Nervous System, Eyes, Ears | 0.1 | 0.1 | 0.2 |
| Digestive, Endocrine, Renal | 0.2 | 0.3 | 0.5 |
| Respiratory | 0.1 | 0.1 | 0.2 |
| Blood \& Cardiovascular | 0.0 | 0.2 | 0.2 |
| Musculoskeletal | 0.0 | 0.3 | 0.4 |
| Overall | $\mathbf{1 . 4}$ | $\mathbf{5 . 6}$ | $\mathbf{6 . 9}$ |

## APPENDIX 3 Illustrative Standardised Departmental Ahsence Rates

Appendix 3

Departmental Absence Rates: Standardised to DFP Organisation Structure

Figure 1: Days Lost Per Staff Year


Figure 2: \% of Available Working Days Lost


Note: The above standardised figures are for illustrative purposes only.

## APPENDIX 4 <br> Tables Relating to Chapter 5

Tables relating to Chapter 5
Table 1

|  |  | Long-term Absences |  |
| :--- | :---: | :---: | :---: |
|  | No. of Spells <br> per 100 Staff <br> Gears | Average <br> Duration <br> (Working <br> Weeks) | Percentage of the <br> total working days <br> lost attributable to <br> long-term absence |
| G5+ | 2.5 | 9.6 | 47.8 |
| G6 | 7.8 | 11.5 | 72.7 |
| G7 | 7.2 | 11.7 | 62.7 |
| DP | 7.6 | 12.4 | 58.9 |
| SO | 10.8 | 12.5 | 64.4 |
| EOI | 12.4 | 12.1 | 61.2 |
| EOII | 19.5 | 12.1 | 68.0 |
| AO | 24.1 | 12.2 | 67.1 |
| AA | 15.5 | 11.8 | 57.3 |
| Overall | $\mathbf{1 6 . 5}$ | $\mathbf{1 2 . 1}$ | $\mathbf{6 4 . 6}$ |

Table 2

|  | Long-term Absences |  |  |
| :--- | :---: | :---: | :---: |
|  | No. of Spells <br> per 100 Staff <br> Years | Average <br> Duration <br> (Working <br> Weeks) | Percentage of the <br> total working days <br> lost attributable to <br> Gender |
| Male | 10.6 | 12.3 | 59.3 |
| Femabsence | 22.3 | 12.1 | 67.5 |
| Overall | $\mathbf{1 6 . 5}$ | $\mathbf{1 2 . 1}$ | $\mathbf{6 4 . 6}$ |

Table 3

|  |  | Long-term Absences |  |
| :--- | :---: | :---: | :---: |
|  | No. of Spells <br> per 100 Staff <br> Years | Average <br> Duration <br> (Working <br> Weeks) | Percentage of the <br> total working days <br> lost attributable to <br> long-term absence |
| $16-24$ | 13.0 | 11.0 | 49.9 |
| $25-34$ | 17.7 | 11.4 | 62.4 |
| $35-44$ | 18.0 | 12.2 | 67.2 |
| $45-54$ | 15.6 | 13.1 | 70.0 |
| $55+$ | 15.9 | 13.5 | $\mathbf{7 0 . 4}$ |
| Overall | $\mathbf{1 6 . 5}$ | $\mathbf{1 2 . 1}$ | $\mathbf{6 4 . 6}$ |

## APPENDIK 5 Year on Year Comparisons

Appendix 5
Year on Year Comparisons
Table 1

| Department | \% of Available Working Days Lost |  |  |  | No. of Days Lost per Staff Year |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ |
|  | 8.4 | 8.3 | 8.6 | 8.8 | 18.6 | 18.4 | 19.1 | 19.7 |
| DEL | 8.1 | 8.6 | 8.4 | 8.0 | 17.9 | 19.0 | 18.7 | 17.7 |
| DCAL | 6.7 | 6.6 | 6.3 | 6.8 | 14.7 | 14.6 | 13.8 | 15.1 |
| DFP | 5.8 | 6.1 | 6.2 | 6.4 | 12.8 | 13.5 | 13.6 | 14.3 |
| DOE | 6.6 | 6.4 | 6.5 | 6.0 | 14.6 | 14.1 | 14.5 | 13.4 |
| OFMDFM | 4.4 | 5.3 | 5.5 | 5.7 | 9.7 | 11.6 | 12.2 | 12.6 |
| DARD | 5.5 | 5.3 | 6.1 | 5.5 | 12.2 | 11.8 | 13.4 | 12.4 |
| DHSSPS | 5.8 | 6.6 | 6.0 | 5.5 | 12.9 | 14.6 | 13.2 | 12.3 |
| DRD | 5.5 | 5.2 | 4.9 | 5.4 | 12.2 | 11.4 | 10.7 | 12.0 |
| DETI | 5.6 | 5.9 | 5.7 | 5.3 | 12.4 | 13.0 | 12.7 | 11.8 |
| DE | 7.1 | 5.9 | 5.7 | 5.2 | 15.7 | 13.2 | 12.5 | 11.7 |
| Overall | 6.8 | 6.8 | 7.0 | 6.9 | 15.1 | 15.1 | 15.4 | 15.5 |

Table 2

|  | \% of Available Working Days Lost |  |  |  | No. of Days Lost per Staff Year |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Grade Level | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ |
| G5+ | $\mathbf{2 . 2}$ | 2.1 | 2.8 | 1.2 | 4.7 | 4.5 | 6.1 | 2.6 |
| G6 | 3.1 | 3.0 | 2.8 | 2.8 | 6.7 | 6.5 | 6.1 | 6.1 |
| G7 | 2.5 | 3.3 | 3.6 | 3.0 | 5.5 | 7.2 | 7.9 | 6.7 |
| DP | 3.5 | 3.4 | 3.7 | 3.6 | 7.6 | 7.5 | 8.1 | 8.0 |
| SO | 4.1 | 4.7 | 4.7 | 4.7 | 8.9 | 10.3 | 10.2 | 10.5 |
| EOI | $\mathbf{5 . 3}$ | 5.5 | 5.4 | 5.5 | 11.6 | 12.1 | 11.9 | 12.2 |
| EOII | 7.4 | 7.3 | 7.6 | 7.7 | 16.3 | 16.2 | 16.9 | 17.3 |
| AO | 10.0 | 9.5 | 9.7 | 9.8 | 22.2 | 21.2 | 21.6 | 21.9 |
| AA | 7.0 | 7.1 | 7.3 | 7.0 | 15.6 | 16.0 | 16.3 | 15.9 |
| Overall | 6.8 | 6.8 | 7.0 | 6.9 | 15.1 | 15.1 | 15.4 | 15.5 |

Table 3

|  | \% of Available Working Days Lost |  |  |  | No. of Days Lost per Staff Year |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Gender | $2000 / 2001$ | $2001 / 2002$ | $202 / 2003$ | $2003 / 2004$ | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ |
| Male | 4.5 | 4.5 | 4.9 | 4.9 | 9.9 | 10.0 | 10.7 | 11.0 |
| Female | 9.2 | 9.1 | 9.0 | 8.9 | 20.5 | 20.1 | 20.0 | 19.9 |
| Overall | 6.8 | 6.8 | 7.0 | 6.9 | 15.1 | 15.1 | 15.4 | 15.5 |

Table 4

|  | \% of Available Working Days Lost |  |  |  | No. of Days Lost per Staff Year |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age Group | $2000 / 2001$ | $2001 / 2002$ | $202 / 2003$ | $2003 / 2004$ | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ |
| $16-24$ | 4.8 | 5.5 | 6.1 | 6.3 | 10.9 | 12.4 | 13.6 | 14.2 |
| $25-34$ | 7.5 | 7.1 | 7.6 | 7.2 | 16.7 | 15.8 | 17.1 | 16.1 |
| $35-44$ | 7.1 | 7.1 | 7.2 | 7.3 | 15.7 | 15.8 | 15.8 | 16.3 |
| $45-54$ | 6.2 | 6.4 | 6.4 | 6.5 | 13.7 | 14.1 | 14.0 | 14.5 |
| $55+$ | 7.3 | 7.4 | 7.3 | 6.9 | 16.0 | 16.2 | 15.9 | 15.2 |
| Overall | 6.8 | 6.8 | 7.0 | 6.9 | 15.1 | 15.1 | 15.4 | 15.5 |

Note: Red text denotes an increase in the absence rate from the previous financial year.
Green text denotes a reduction in the absence rate from the previous financial year.

## Appendix 5

## Year on Year Comparisons

## Table 5

| Number of Absence <br> Spells | $\%$ of Staff |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  | $2000 / 2001$ | $2001 / 2002$ | $\mathbf{2 0 0 2 / 2 0 0 3}$ | $2003 / 2004$ |
|  | 35.2 | 35.1 | 32.8 | 34.5 |
| 2 | 26.8 | 27.6 | 28.2 | 28.7 |
| 3 | 19.0 | 18.8 | 19.3 | 19.2 |
| 4 | 10.2 | 10.2 | 10.8 | 10.1 |
| 5 | 5.0 | 4.4 | 4.6 | 4.2 |
| $6+$ | 2.0 | 2.1 | 2.2 | 1.7 |

Table 6

|  | $\%$ of Spells |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
|  | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ |
| $1-2$ | 46.6 | 46.2 | 46.3 | 42.3 |
| $3-5$ | 31.7 | 31.9 | 31.8 | 33.8 |
| $6-10$ | 6.7 | 6.7 | 6.6 | 7.2 |
| $11-20$ | 5.7 | 5.7 | 5.7 | 6.2 |
| More than 20 | 9.3 | 9.5 | 9.5 | 10.5 |

Table 7

| Reason | \% of Absence Spells |  |  |  | \% of Working Days Lost |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2000/2001 | 2001/2002 | 2002/2003 | 2003/2004 | 2000/2001 | 2001/2002 | 2002/2003 | 2003/2004 |
| Non-specific/Other | 5.3 | 5.6 | 6.6 | 7.9 | 4.5 | 5.9 | 7.7 | 8.6 |
| Medical Tests \& | 12.6 | 10.5 | 13.3 | 13.4 | 16.9 | 11.4 | 12.8 | 13.6 |
| Injury/Accident/Assault | 6.5 | 6.6 | 6.0 | 6.1 | 9.6 | 9.6 | 8.7 | 8.7 |
| Viral/Bacterial Infections | 33.0 | 33.9 | 30.8 | 31.5 | 13.2 | 13.6 | 12.5 | 12.4 |
| Psychiatric/Psychological | 4.8 | 6.1 | 6.7 | 7.4 | 20.4 | 24.6 | 26.1 | 26.4 |
| Pregnancy | 4.0 | 3.8 | 3.5 | 3.5 | 12.3 | 12.6 | 10.4 | 9.1 |
| Nervous System, Eyes, | 5.2 | 5.2 | 4.8 | 4.5 | 2.7 | 2.5 | 2.9 | 2.4 |
| Digestive, Endocrine, | 17.7 | 17.5 | 18.2 | 15.3 | 8.0 | 7.3 | 7.3 | 6.7 |
| Respiratory | 5.4 | 5.2 | 4.9 | 5.0 | 3.5 | 3.3 | 3.5 | 3.3 |
| Blood \& Cardiovascular | 1.5 | 1.6 | 1.4 | 1.5 | 3.4 | 3.5 | 2.9 | 3.3 |
| Musculoskeletal | 4.1 | 4.1 | 3.9 | 4.0 | 5.6 | 5.8 | 5.3 | 5.6 |

Note: Red text denotes an increase from the previous financial year.
Green text denotes a reduction from the previous financial year.

## Year on Year Comparisons

Table 8

| Long-term <br> Absence by Grade <br> Level | \% of the Total Working Days Lost <br> Atributable to Long-term Absence |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
|  | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ |
| G6 | 63.0 | 68.7 | 81.3 | 47.8 |
| G7 | 69.6 | 67.7 | 71.9 | 72.7 |
| DP | 60.3 | 65.8 | 69.3 | 62.7 |
| SO | 60.5 | 62.2 | 62.3 | 58.9 |
| EOI | $\mathbf{5 7 . 6}$ | 62.2 | 61.3 | 64.4 |
| EOII | 59.8 | 62.6 | 60.3 | 61.2 |
| AO | $\mathbf{6 6 . 6}$ | 66.6 | 66.3 | 68.0 |
| AA | 67.6 | 68.2 | 66.9 | 67.1 |
| Overall | 57.9 | 56.6 | 56.4 | 57.3 |

Table 9

| \% of the Total Working Days Lost <br> Attributable to Long-term Absence |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| Long-term <br> Absence by <br> Gender |  |  |  |  |
| Male | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ |
| Female | 56.9 | 57.8 | 59.5 | 59.3 |
| Overall | 67.5 | 68.2 | 66.4 | 67.5 |

Table 10

| \% of the Total Working Days Lost <br> Attributable to Long-term Absence |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
|  | $2000 / 2001$ | $2001 / 2002$ | $2002 / 2003$ | $2003 / 2004$ |
|  | 35.7 | 43.5 | 47.0 | 49.9 |
| $35-44$ | 60.9 | 61.6 | 63.4 | 62.4 |
| $45-54$ | 67.2 | 67.1 | 66.5 | 67.2 |
| $55+$ | 67.8 | 69.7 | 68.5 | 70.0 |
| Overall | 73.3 | 74.6 | 70.7 | 70.4 |

Note: Red text denotes an increase from the previous financial year.
Green text denotes a reduction from the previous financial year.


[^0]:    The reader should note that 'Days per Staff Year' will be referred to as 'Days' throughout the report

[^1]:    ${ }^{1}$ By comparing these results with the information presented on the duration of absence spells, the reader will notice that some of the absence spells which lasted five working days or less were certified.

[^2]:    $\sim_{\text {Total }} \quad \square_{\text {Certified }} \quad$ Self-Certified

